

**HUBUNGAN TINGKAT PENGETAHUAN DAN SIKAP IBU HAMIL  
DENGAN PERILAKU SEKSUAL IBU SELAMA KEHAMILAN DI  
BPS SRI MARWANTI PANDAK BANTUL YOGYAKARTA  
TAHUN 2011**

**ABSTRAK**

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**Latar Belakang:** Hubungan seksual antar manusia ditujukan untuk dapat mempertahankan keturunan manusia disamping kenikmatan. Hubungan seks manusia merupakan pencetus dari rasa cinta antar individu, dimana daya tarik dan panca indra ikut berperan. Oleh karena itu dalam hubungan seks bukan hanya alat kelamin dan daerah *erogen* (mudah terangsang) yang ikut berperan tetapi juga psikologi dan emosi (Manuaba, 2001). Data yang didapat dari SUSENAS bahwa beberapa wanita mengalami perubahan hormonal selama kehamilannya. Tahun 2009 dilaporkan 22%-79% wanita hamil mengalami perubahan hormonal, 11-50% diantaranya mengalami penurunan gairah dan mengalami kecemasan karena tidak mengerti dengan perubahan yang terjadi (Bibilung, 2007)

**Tujuan:** Untuk mengetahui hubungan tingkat pengetahuan dan sikap ibu hamil tentang hubungan seksual selama kehamilan dengan perilaku seksual ibu selama kehamilan di BPS Sri Marwanti Pandak, Bantul, Yogyakarta.

**Metode:** Jenis penelitian adalah deskriptif analitik dengan rancangan *cross-sectional*. Penelitian dilakukan terhadap ibu hamil yang melakukan Antenatal Care rutin di Bidan Praktek Swasta Sri Marwanti Kauman, Gilangharjo, Pandak, Bantul, Yogyakarta dengan accidental sampling sebanyak 37 orang. Data merupakan data primer yang diperoleh dengan kuisioner dan selanjutnya dianalisis dengan analisis *Chi square*.

**Hasil:** Ibu hamil sebagian besar adalah berumur 20-34 tahun (73%), usia kehamilannya sekitar 28-40 minggu (54%), pendidikan rata-rata SMA 24 tahun (65%) dan sebagian besar tidak memiliki pekerjaan sebanyak 23 orang (62%). Sebagian responden memiliki tingkat pengetahuan cukup sebanyak 19 orang (51%), yang mendukung seksual selama kehamilan sebanyak 28 orang (76%) dengan perilaku baik 33 orang (89%). Hasil analisis *Chi square* diketahui nilai hubungan tingkat pengetahuan dengan perilaku yaitu  $t \text{ hitung} > t \text{ tabel}$  ( $7.7173 > 5.591$ ), dan hubungan nilai sikap dengan perilaku yaitu  $t \text{ hitung} > t \text{ table}$  ( $6.256 > 3.481$ ).

**Kesimpulan:** Ada hubungan antara tingkat pengetahuan dan sikap ibu hamil terhadap perilaku seksual ibu selama kehamilan di BPS Sri Marwanti Pandak Bantul Yogyakarta Tahun 2011

**Kata Kunci:** Pengetahuan, Sikap, dan Perilaku Seksual Ibu Hamil

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**RELATED KNOWLEDGE AND ATTITUDES OF PREGNANT WOMEN  
WITH SEXUAL BEHAVIOR IN THE MOTHER DURING PREGNANCY  
IN BPS SRI MARWANTI BANTUL PANDAK YOGYAKARTA YEAR  
2011**

**ABSTRACT**

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**Background:** Sexual relationships between humans is intended to maintain in addition to the enjoyment of human ancestry. Sex man is the originator of love between individuals, where the charm and the senses come into play. Therefore, the sex is not just the genitals and areas erogen (easily aroused) that come into play but also the psychology and emotions (Manuaba, 2001). Data obtained from the SUSENAS that some women experience hormonal changes during pregnancy. In 2009 reported 22% -79% of pregnant women experience hormonal changes, 11-50% of them experienced a decrease arousal and anxiety because they do not understand the changes that occur (Bibilung, 2007)

**Objective:** To determine the relationship of knowledge and attitudes of pregnant women about sexual relations during pregnancy by the mother during pregnancy sexual behavior in the BPS Sri Marwanti, Kauman, Gilangharjo, Pandak, Bantul, Yogyakarta.

**Methods:** This type of research is analytical descriptive with cross-sectional design. Research conducted on pregnant women who perform routine Antenatal Care in Private Practice Midwives Sri Marwanti Kauman, Gilangharjo, Pandak, Bantul, Yogyakarta, with a total sampling as many as 37 people. Data is the primary data obtained by questionnaire and then analyzed with Chi square analysis.

**Results:** Pregnant women are mostly aged 20-34 years (73%), aged approximately 28-40 weeks of pregnancy (54%), the average high school education 24 years (65%) and most do not have as many as 23 people work (62%). Some respondents have sufficient knowledge levels by 19 people (51%), which supports sex during pregnancy by 28 people (76%) with good behavior 33 people (89%). Chi square analysis results are known the value of the level of knowledge of the behavior of the  $t_{count} > t_{table}$  ( $7.7173 > 5.591$ ), and the attitude toward the behavior of the  $t_{count} > t_{table}$  ( $6.256 > 3.481$ ).

**Conclusion:** There is a relationship between level of maternal knowledge and attitudes toward sexual behavior of mothers during pregnancy in Sri Marwanti BPS Yogyakarta Bantul Pandak Year 2011

**Keywords:** Knowledge, Attitudes and Sexual Behavior of Pregnant Women

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